

# Challenging Behaviour & Dementia

## Train-the-Trainer Course



### Overview

Dealing with people who exhibit challenging behaviour can be full of problems. Our healthcare sector train-the-trainer course helps with these problems by developing an understanding of the potential trigger points, improving communication skills, understanding more about dementia, person centred care and discusses de-escalation techniques and break-away plans.

### Intended Audience

Trainers and managers in the healthcare sector such as; care homes, nursing homes, residential and respite homes, rehabilitation centres and learning difficulty centres. Also care in the community such as domiciliary agencies.

### Course Details

The course, which runs over two days, consists of 5 main modules: understanding dementia, understanding difficult and challenging behaviours, Person centred care, communication, de-escalation and break-way plan. The train-the-trainer element runs throughout the course.

You can deliver this course direct to carers via 5 two/3 hour modules as discussed above.

### Assessment

Assessment on this course is done by test paper as well as continuous assessment.

### Course Material

The trainers pack is included which comprises a trainer's manual which is written by trainers for trainers, delegate workbook, CD which includes the PowerPoint presentation that is used through the course and the delegate workbooks, handouts, test papers (with answers!), certificate masters etc. The pack also includes the acclaimed Alzheimer's Society "Featherhead" DVD.

### Course Format

This is a two day course which starts on the first day with registration at 9:30am and is expected to finish around 4:30pm, with lunch and refreshments (included in the price of an open course).

*This course is also available in-house and direct to carer as any or all of the five modules mentioned, or as a single 3-4 hour "taster" session. Ask for details!*

### Suggested Follow Up

Depending upon the delegates experience and role there are a range of healthcare train-the-trainer courses that may be of interest such as; Health & Safety (a good one to have as it covers in greater depth the legal aspects and responsibilities, as well as spending more time on the trainer elements – excellent for staff new to the management or training roles).

### Accreditation

This course is accredited by the UK accreditation body OCN at level 3 for the "train-the-trainer" element, and allows that trainer to issue accredited level 2 certificates to their trainees. Alternatively, the trainer can issue SpringBoard Safety Services certificates free of charge.

### Extended Support

Following the course, if you have any queries, just ask!

*Our support doesn't stop when you go out the door!*

### Special Instructions /Pre-Requisites

None

### Cancellation Policy

More than 15 days notice - no payment due/ or full refund. Between 8-15 days from the start of course - 50% of the full payment is due, this would be waived if a confirmed transfer to another course is received.

*Cancellation less than 8 days from the start of a course - full payment is due*

**The cost of a place on an open course is £499 + VAT; discounts may be available for booking more than place at the same time.**

To enquire just call either Lynn or Keith or to book; just email or fax any address or number given below.

OPEN COURSE DATES	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
<b>BIRMINGHAM</b>									13/14			
<b>CHESTER</b>							4/5				22/23	
<b>DARLINGTON</b>			21/22					1/2				
<b>LEEDS t.b.c</b>					24/25							
<b>MILTON KEYNES</b>							26/27					
<b>NEWCASTLE UPON TYNE</b>						7/8					1/2	
<b>NOTTINGHAM t.b.c</b>							20/21					
<b>STOCKPORT</b>				27/28		21/22			27/28			

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